



Clase Gratis de Alimentación Saludable



Biblioteca Pública de Saugerties

91 Washington Ave, Saugerties, NY 12477



Martes, 6 Febrero, 1:00-2:00pm

Únase a SNAP-Ed NY para un programa ...

Apprender como preparar comidas saludables con un presupuesto. Incluyendo una demostración de receta saludable.



Para registrarse en el programa, por favor contactar: Mary Brimmer | mmb335@cornell.edu | 845-340-3990 ext. 327

Cornell Cooperative Extension
SNAP-Ed New York, Hudson Valley Region



SNAP-Ed is funded by USDA's Supplemental Nutrition Assistance Program or SNAP. This institution is an equal opportunity provider. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Please contact the Cornell Cooperative Extension SNAP-Ed Program (snap-ed-hv@cornell.edu, 845-344-1234) if you have any special needs or modifications.



Free Class in Healthy Eating



Saugerties Public Library

91 Washington Ave, Saugerties, NY 12477



Tuesday, February 6, 1:00-2:00pm

Join SNAP-Ed NY to learn how to prepare healthy meals on a budget. Healthy recipe demonstration and tasting included.



To register for the program, please contact:
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